



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8

Phone: 613-836-8881

Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca

Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca

Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423

Holy Spirit Elementary 613-831-1853

St. Stephen Elementary 613-831-8844

Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

THIRD SUNDAY IN ORDINARY TIME



Jan 21 – Third Sunday in Ordinary Time

Jonah 3.1-5,10
1 Corinthians 7.29-31
Mark 1.14-20

Jan 28 – Fourth Sunday in Ordinary Time

Deuteronomy 18.15-20
1 Corinthians 7.32-35
Mark 1.21-28

Parish Calendar

- Mon, Jan 22**
7:00 pm Catholic Women's League General Meeting
- Wed, Jan 24**
9:30 am St. Francis de Sales Catechesis of the Good Shepherd
- Thu, Jan 25**
9:30 am The Conversion of St. Paul the Apostle
9:30 am Cenacle of Marian Movement of Priests
6:30 pm Youth Night Grades 3-5
- Fri, Jan 26**
9:30 am St. Timothy & St. Titus
9:30 am Flame of Love Prayer Group
- Sat, Jan 27**
4:00-4:25 pm Reconciliation
5:00 pm Mass
- Sun, Jan 28 4th Sunday in Ordinary Time**
9:00 am Mass
10:30 am Mass

PRAYER FOR VOCATIONS

For an increase in those called to "fish" for God's people, and for a deeper gratitude for the priests and bishops serving our diocese, we pray to the Lord.

To all parishes' generous faithful

Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

The Catholic Women's League of Canada means:

COMPASSION Do you recognize the human dignity in all people? Do you feel motivated to do something to help others? Catholic Women's League members embark on many projects that directly impact those who are disadvantaged in society. How can you help? Become a member and be part of the solution.

The **Holy Spirit Parish Catholic Women's League (CWL)** will be holding its annual membership drive on the weekend of January 27-28. The annual fee for 2024 is \$40. We welcome all women aged 16 and above, and all categories of membership: Fully Active, Partially Active, and Financially Supportive. CWL members from our Council will be on hand in the Atrium following masses on the weekend of January 27-28 to welcome new and returning members for 2024.

Mass Intentions

- Sat, Jan 20 – 5:00 pm**
†Yvonne Davis by Sandra Cybulski
- Sun, Jan 21 – 9:00 am**
Intentions of Tim by Marion Di Gaspari
Intentions of Allison A. & Family by Secret Sister
- Sun, Jan 21 – 10:30 am**
For the intentions of all parishioners
- Sat, Jan 27 – 5:00 pm**
†Annie Cybulski by Lori, Mark, Ashton & Ashleigh Hoare
- Sun, Jan 28 – 9:00 am**
For the intentions of all parishioners
- Sun, Jan 28 – 10:30 am**
†Larry Whelehan by Family
†Phil & †Josh by Joan & Family



Please pray for those who are sick: Patrick, Gerald, John, Nancy, Miriam, Muriel, Hugh, Mona, Bert, Ron

Please pray for those who have died: †

†Indicates Deceased

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

Sacrament Preparation for First Reconciliation, First Communion and Confirmation begin soon. To register your child/ren for any of these sacraments, please contact Holy Spirit Church Youth Minister/Sacrament Coordinator, Alex Ducharme at youth@holyspiritparish.ca

The **Week of Prayer for Christian Unity** is an annual global ecumenical celebration (traditionally held January 18-25 in the northern hemisphere). Christians around the world are invited to pray for the unity of all the baptized; to reflect together on Scripture; to participate in jointly-organized worship services; and to share in acts of outreach and fellowship. The theme for 2024 is drawn from Luke 10.27: *"You shall love the Lord your God...and your neighbour as yourself."*

The disintegration of rational society started in the drift from the hearth and the family; the solution must be a drift back. ~ G.K. Chesterton quoted in the book, *The Story of the Family*

Word from the Pastor

As Jesus passed by the Sea of Galilee, he saw Simon and his brother casting their nets into the sea... Jesus said to them, "Come after me and I will make you fishers of people."

Then they abandoned their nets and followed him. We hear Jesus' invitation, "Come follow me," each day, as life presents us with choices. Shall we forgive when asked? Shall we help someone in need? Shall we buy less for ourselves and give more to the poor? Shall we see the injustice or turn a blind eye? In these, and so many other occasions, we hear the same invitation Jesus made to those fishermen and like them, we put other considerations aside to follow him. What recent choices have I made that show my desire to follow Christ? What changes do I have to make in my life to follow him more fully?

Please welcome Fr. Bill Kenny of Renfrew who is celebrating the Eucharist this weekend.

The Knights of Columbus will be recruiting new members on Sunday, February 4.

Parish Schools: Population at each school
Guardian Angels 785; St. Stephen 593; Holy Spirit 319; St. Bernadette 465; Sacred Heart 2329

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

The **Ottawa Cursillo Movement** is holding a Men's Weekend from Feb 1-4 at Centre de L'Amour in Plantagenet. The weekend includes a daily celebration of the Mass, times of prayer, listening to talks given by a priest and Catholic lay men, and group discussion. Three meals are provided each day. The Cursillo gives those who attend it a living understanding of basic Christian truths and the desire to serve the Church. Please contact johnvsheridan@gmail.com or visit the website at: www.ottawacursillo.ca/ for more information.

When Pope Francis issued his apostolic letter 'Aperuit Illis,' calling for an annual liturgical celebration of the Word of God to be observed on the Third Sunday in Ordinary Time, he was adding his own passionate signature to the Church's tradition of honoring sacred Scripture. In my view, Francis asks the Church to bring into sharp focus five areas worth pondering from our contemporary horizon. These points hardly exhaust the richness of either the document or the occasion it asks us to commemorate but are highlights for those responsible for proclamation of the Word and the assembly of listeners who, like the Mother of God, are blessed to hear the Word of God and keep it (cf. Lk 11:28).

STITTSVILLE FOOD BANK Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but juice, canned fruits and vegetables, canned meat, salmon and tuna, rice, cereal, cookies, crackers, coffee and tea are also needed. Please drop off your donations during office hours or when you come to Sunday Mass.

The story of the man with two umbrellas.

Dr. Gordon Targerson, a Baptist pastor in Worcester, Massachusetts, was crossing the Atlantic by ship some years ago. He noticed on several occasions a dark-skinned man sitting in a deck chair reading a Bible. One day Dr. Targerson sat down beside him and said, "Forgive my curiosity. I'm a Baptist minister. I notice you are a faithful Bible reader. I'd like to meet you." After introductions, the dark-skinned man said, "I am Filipino. I was born into a good Catholic home. I went to the United States as a young man to study in one of your fine universities, intending to become a lawyer. On my first day on campus, a student dropped by to visit. He welcomed me and offered to help in any way he could. Then he asked me where I went to church. I told him I was Catholic. He explained that the Catholic church was quite a distance away, but he sat down and drew me a map. I thanked him and he left.

"On the following Sunday morning it was raining. I decided to just skip church. But then there was a knock on my door. There stood my new friend and he was holding two umbrellas. He said that he worried that I might not be able to read his map. So, he said he would escort me to the Catholic church. I hurriedly dressed, thinking all the while what an unusually thoughtful person he was. I wondered what church he belonged to.

"As we walked along I asked him about his church. He said that his church was just around the corner...is your church just around the corner?"

BY MY SIDE This nonprofit ministry will assist separated and divorced Catholic women to reconnect and build on their faith. These 6 weekly sessions for women begin on Sat, Apr 6 and are offered virtually over Zoom from 9-11am. All registrants will receive a private link to join prior to their first session. The program, led from a Catholic faith exploration perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. For information and registration, please visit: www.bymyside.ca or contact Mary-Jane 613-294-1308.

Heart of Worship Adoration Evening – Tue, Jan 30 at Holy Redeemer Parish at 7-8:30pm – Spiritual talk by Ian Anderson– Praise and Worship music – Confessions – Silent prayer time – Fellowship – Livestream link: www.YouTube.com/HolyRedeemerParishKanata

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